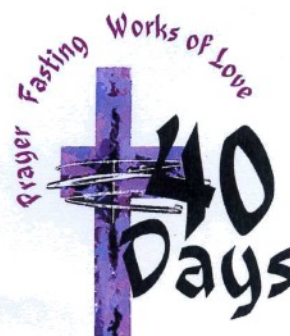


LENT 2020

at

*St. James the Less
Rautenstall*



LENT 2019 -

**Forty days of PRAYER, FASTING, ALMSGIVING.
(Works of Love)**

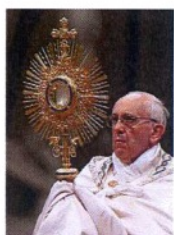


ASH WEDNESDAY is on 26th Feb. Day of Fasting & Abstinence.
There are three Masses (9.00 a.m., 12.00 noon, 7.00 p.m.)
with the opportunity of receiving Ashes.

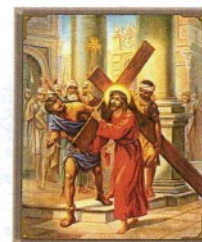
There are copies of 'Walk with Me' for Lent available at the back of church. Please take a copy and use it daily during Lent. It only takes a few minutes to use the prayers and readings to inspire and encourage us every day.



THERE WILL BE A LENTEN LUNCH following the 12.00 noon Mass each Friday beginning on 6th March during Lent. This year we will be supporting CAFOD one again for this Lenten exercise of Prayer, Fasting and Almsgiving as well as celebrating Family Fast Day on Friday 6th March.



There will be **ADORATION OF THE BLESSED SACRAMENT** from after the 12.00 noon Mass each Friday until after Stations of the Cross. **STATIONS OF THE CROSS** will be at 5.00 p.m. each Friday afternoon.



Why not try to do more **SPIRITUAL READING** by choosing one of the Gospels and finding time to read some of it each day or **ATTEND MASS** during the week if you can.

All of this brings us more in contact with Jesus Christ and with our community of faith here in the parish.

This will lead us to a proper celebration of Holy Week and Easter. More details later on about Holy Week and Easter celebrations.